

Swing Max - Tennis Racquet Resistance Training Weight



Brand: Tennis Power Trainer, LLC

Product Code: SM-100

Availability: Out Of Stock

Weight: 9.75oz

Dimensions: 2.00in x 5.00in x 7.00in

Price: \$39.95

Short Description

The ultimate tennis training tool. The Swing Max - Tennis Racquet Resistance Training Weight can be used to warmup or to develop your stroke power, control and consistency. Designed to hit live balls.

Description

The ultimate tennis training tool. The Swing Max - Tennis Racquet Resistance Training Weight can be used to warmup or to develop your stroke power, control and consistency.

The Swing Max adds 8.5 ounces of weight at the throat of the racquet which allows players to use virtually any player racquet in a variety of resistance training drills. With the Swing Max, you can perform all tennis strokes and develop specific associated muscle groups.

The Swing Max can be used for shadow hitting, feeding drills or while hitting live balls with an opponent.

Players can also create various levels of resistance by combining the Swing Max with the Swing Sleeve.

The Swing Max is made of durable rubber and connects with a built-in high-grade nut

and bolt system.

Will not damage racquet.

Use Details



Installation/Removal: Place the separate discs on each side of the racquet throat. Grip one of the discs and screw the other disc clockwise until securely fastened. It is important to tighten the discs securely to the racquet to eliminate slippage. The Swing Max is designed to be tightly screwed onto the racquet. To remove, follow these steps in a counter-clockwise direction.

Important Notice: The Swing Max can be mounted up and down the racquet throat to adjust the weight and balance of the racquet. Placement of the Swing Max at the widest point of the racquet throat is not recommended and could cause slippage or loosening of the racquet weight. If the Swing Max becomes loose or slips during use, you should immediately re-adjust and tighten the racquet weight securely before continuing use.

Caution: The Swing Max is designed to be used for resistance training to increase strength and endurance. Discontinue use if you experience any pain or discomfort in the wrist, arm, shoulder or other areas. Not recommended for hitting live ball tennis serves.

Recommended Age: 14 & Older (with adult supervision)

Video Demo

Shipping Info

Free Shipping in the United States sent via US Postal Service First Class Package or Parcel (normally arrives within 2-3 business days).

Premium shipping options available at checkout.

Shipment tracking number will be sent to your email address.

Product Gallery



